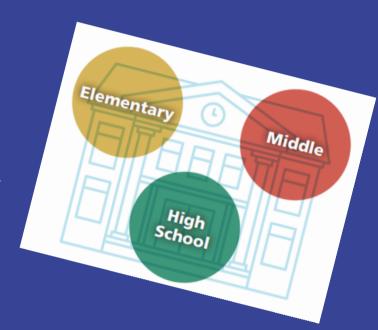


# **School Counseling Department**

#### **School Counseling Program**

The School Counseling program is an integral piece of the overall educational process. School Counselors provide a comprehensive program that supports students' academic, personal, social/emotional and career development. Growth and learning are developmental; therefore, guidance must be developmental and sequential. The need for guidance begins with pre-school entrance and continues throughout life.

The Comprehensive School Counseling Program is a K-12 developmental program that is concerned with all students while recognizing the fact that individuals have needs that will continue to require special attention. As a result, the comprehensive guidance program is for all students and becomes developmental rather than crisis-oriented.



#### **What do Elementary Counselor Do?**

Elementary School Counselors assist students in learning the skills and attitudes necessary to be successful learners. They help students learn that the classroom is their first workplace and that communication, decision-making, interpersonal and career awareness skills are important to their success.



## Your School Counselor

Counselor Name: Ashiya Pashen Phone Number: (314) 831-1911 Email: apashen@fergflor.org

The mission of Duchesne's comprehensive school counseling program is to empower all students to achieve their potential by cultivating a love of learning in an environment of respect, accountability, and responsibility.

Please contact me regarding social/emotional, academic, or behavioral concerns you have regarding your child. We offer therapeutic services through various programs: CHADS, Pinocchio, Great Circle, and District Social Worker. Also speak with me regarding referrals for Special School District, Probe, and 504 plans.



<u> Master Calendar</u>

## **Small Groups**

(Based on building needs)
Friendship Skills Building
Maintaining Friendships
Being A Responsible
Student Conflict Resolution

## **Outside Agencies**

### **Pinocchio**

A School-Based Program for Children Kindergarten Through Third Grade
The focus of Pinocchio is to help children learn effective problem solving and
social skills, express concerns and feelings to help children feel good about
themselves. Through early intervention, Pinocchio helps promote a healthy
school environment and contributes to student improvement in academic
functioning. Children are seen once a week during school hours, either
individually or in a small group.

#### **Great Circle**

A school based support service

Struggles in the classroom or with school success could be a sign that a child needs some mental health support. Great Circle's Student Support Services program works within the school setting to ensure students receive the mental health services they need. Students can receive one 30-45 minute session of individual therapy each week during the school day, based on their specific mental health needs.

## **Outside Agencies**

### **CHADS Mentoring Program**

A school based support service

CHADS Social-Emotional Mentoring uses evidence based CASEL competencies to help students improve grades, behavior, peer relationships, and gain an overall sense of well-being. CHADS mentors meet weekly with students for 30 minute sessions to work on social emotional learning skills.

### **District Social Worker**

The district social worker assists by providing mental health services to at-risk students. She will provide individual and group counseling services and partners with staff to assess emotional, behavioral, and mental health concerns related to academic success.

For any one of these services parents or teachers may request a referral from the counselor

#### Resources:

Who are School Counselors

ASCA - The Role of The School Counselor

ASCA - The Essential Role of Elementary School Counselors

DESE Comprehensive School Counseling Program